

# SAINT MARY'S

NURSING HOME BY THE SEA





## THIS IS YOUR HOME

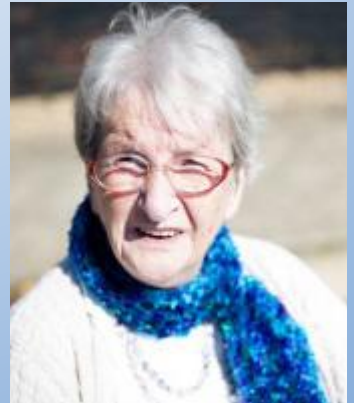
Welcome to Saint Mary's Nursing Home by the Sea, a home for you with nursing care

**Registration:** Saint Mary's Nursing Home by the Sea, a Care Home with Nursing Care in Felixstowe, is registered with the Care Quality Commission for people over 55 years of age with physical and/ or mental frailty.

**Location:** Situated in an outstanding position overlooking the sea and yet only a short distance from Felixstowe town centre.

**Size:** A medium sized nursing home with all the comfort and convenience of larger homes without their institutional atmosphere.

**Track Record:** We have a track record of providing consistently good quality care over two decades, recognized by regulatory authorities such as the Care Quality Commission.





### ACCOMMODATION

We provide single and some shared / double accommodation (mostly en suite).

All rooms are decorated to a high standard. We encourage personal items to be brought to the home.

Call bells are in each room providing 24 hour assistance.

There are 2 lounges with TVs and quiet areas most suitable for socialising, relaxing or reading.

Bathrooms are specially and suitably equipped.

Lift to all floors.

### DINING

Choice of healthy and nutritious meals catering for any dietary requirements.

Daily choice from menus.

Snacks and refreshments are available throughout the day.

Meals are served in the dining and living areas, and in the privacy of one's room.

### FACILITIES

Wheel chair access throughout the home.

Personal laundry service.

Hair dressing facilities.

Lift access to all floors.





### HEALTH AND PERSONAL CARE

24 hour nursing care.

G. P. visits on request.

Dental treatments, chiropodists,  
and physiotherapy available on request.

### ACTIVITIES

Daily activities

Musical, dance and drama entertainment.

Film days. In house bingo.

Regular outings to local attractions  
and shopping centres.

### LOCAL AREA

Felixstowe town centre- ¼ mile.

Felixstowe train station- ¾ mile.

Ipswich hospital 10 miles.

## SAINT MARY'S NURSING HOME BY THE SEA

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